UT Southwestern Department of Radiology

Anatomy: LOWER EXTREMITY
Sub-Anatomy: Rheumatology Ankle- 3T Ortho

-Exams - Routine ORDERABLE- ANKLE Coil: <u>Ankle/Chimney coil</u>

SEQUENCE - BASICS															
PLANE	SEQ Slice thickness (mm)		Misc / Comment	MT X	gap	% R F O V		Voxel size (mm)	TR	TE	N S	ETL Turbo Factor	Phase Encode	Scan TIME (min)	Pixel Shift BW-kHz
ROUTINE		()						()							
	3 plane scout		Only use GRE												
1	Cor fsPD	3.5			10%			0.4x0.5	3000	35-40					
2	Ax PD mDIXON	3.5			10%			0.4x0.5	3000	35-40					
3	Sag fsPD	3.5			10%			0.4x0.5	3000	35-40					
4	Cor T2 mDIXON	3-4			10%			0.4x0.5	3000	55					
5	Cor 3D PD TSE	3D						0.65							
6	Ax DWI	4/0	7 b values												
7	Sag T1 mDIXON	3D	pre					1x1x1							
8	COR 4D TRAKS		25 dynamic scans												
9	Sag T1 mDIXON	3D	Post												
$\checkmark$	OPTIONAL $\downarrow$							•							
	STIR	3-4	Failed fat sat		10%			0.4x0.5							

Instructions: FOV and Coverage- On axials, cover 1-2 cm above the ankle joint to skin surface. On coronals, cover from posterior skin to base of metatarsals. On sagittals, cover from slightly medial to medial mallelolus to slightly lateral to lateral mallelolus.

Large subject: Increase voxel-0.7 mm,, if problem with SNR or wrap, etc- call OPB/PMH for remote monitoring help.

Others- Always put marker at the site of most pain, injury or swelling. If motion observed, stop the scan, instruct patient to lay still and repeat the sequence.

